Nestled at the foot of meditation hill, a haven of relaxation and healing awaits behind The Golden Door.

Our Spa was created for you to take time to rebalance and refocus, to relax and renew. From the moment you arrive, you will be guided and cared for. Enjoy our spacious relaxation lounge and luxurious steam and spa facilities before or after your treatments.

While you relax, enjoy some quality reading time or just some quality "Me time". Stimulate your senses with the aroma's and sounds that have been designed to create our unique Golden Door atmosphere.

There is an extensive range of treatments to choose from for men and women, including face and body treatments, hand and foot care, and specialty services. Our signature treatments will provide a superb experience with sensational results. Also on offer are a range of spa packages that carefully combine a selection of our most popular treatments.

The Golden Door Spa is located approximately 1.5kms from Cypress Lakes Resort. Vehicular access is recommended due to the Spa's elevated position. Guests may self drive or take advantage of complimentary Spa Shuttle Services 7 days a week

The Golden Door Spa is open 7 days a week. Reservations are essential. Please phone: 02 4993 8500

Click here to visit The Golden Door website .

Cypress Lakes Resort - awarded "Australasia's leading spa resort" at the World Travel Awards, Winner of "Best Australian Spa" for The Golden Door day spa, runner-up for "Best Golf Resort", and a finalist for "Best Australian Resort" at the Luxury Travel's Gold List 2007 Awards.